

**WALK A MILE IN HER SHOES
FUNDRAISING SUGGESTIONS**

So, you've registered for Walk a Mile in Her Shoes. Now what?

It's time to start fundraising! Your participation will help raise awareness for preventing violence against women and support Howe Sound Women's Centre programs and services that help women impacted by violence or abuse.

Help us reach our fundraising target of **\$10,000!**

Here are some suggestions to help get you started:

1. Set a goal
2. Make your own pledge first
3. Ask your family, friends and co-workers to support you
4. Get your friends and co-workers involved by forming a team
5. Challenge other teams
6. Reach out via email and social media using the message below

Donations can be made via cash, cheque (made payable to Howe Sound Women's Centre Society), or via credit card online at www.hswc.ca/walkamile.

Contributions of \$25 or more will receive a tax receipt (please obtain mailing address from donor).

Your pledges, event waiver, registration and pledge forms must be returned at registration on the morning of the event.

For more information, contact Howe Sound Women's Centre at www.hswc.ca/walkamile, (604) 892-5748, or admin@hswc.ca

Email and Social Media Messaging:

Hello family, friends, and colleagues,

I am taking a stand for the prevention of violence against women by! On Saturday September 23rd I will be strapping on a pair of red high heel shoes and walking through downtown Squamish in the 9th annual Walk a Mile in Her Shoes event! All proceeds from this event support Howe Sound Women's Centre Society programs.

Want to join me? Register online at www.hswc.ca/walkamile.

If wearing red heels is not your thing, you can support me with your donation directly or online at www.hswc.ca/walkamile.

Please come out and support me in the walk on September 23rd in Squamish. I hope to see you there!

Thank you for your support,
{Insert Your Name Here}